



Cedar Manor

Hotel and Restaurant

Environmental Policy Statement

We are a hotel providing 2* (83% merit rated) accommodation in
Windermere, Cumbria

The Cedar Manor hotel has made a commitment to ensure that its
operations take into account any resulting impact on the
Environment.

We will work towards:

- Ensuring that relevant Environmental Legislation and Regulation is understood and complied with
- Reducing Energy and Water usage wherever possible and practicable by implementing increased efficiency
- Ensuring raw materials are used in a manner that Avoids producing waste if possible, and by Reducing, Re-using or Recycling Waste whenever possible
- Promoting the purchase and use of environmentally friendly materials whenever possible and appropriate
- Raising the awareness of staff and customers so that everyone may be involved in looking after our environment and the National Park
- Operating the Business in an environmentally aware and sensitive manner
- Providing locally sourced and fair trade produce where possible
- Continually assessing and improving our environmental strategies and performance
- To gain accreditation from CBEN and the Green Tourism Business Scheme as an indicator of our sustainable practices.

Signed _____

Position _____

Date _____ Please see the full policy in the information folders
which can be found in the lounge

Cedar Manor's Environmental Objectives

In line with our Environmental Policy, Cedar Manor will work towards achieving all of the following measures and would appreciate your help and co-operation in achieving them, namely :

- **Ensuring that relevant Environmental Legislation and Regulations are complied with**

By undertaking the following : regularly review the Environment Agency "Netregs" site, register with the Green Business Tourism Scheme, Business Link and sign up to the 'Search and Send' service provided by CREA to keep up to date on relevant legislation.

- **Reducing Energy Usage by increased Energy Efficiency by implementing the following procedures**

Ongoing replacement of Light Bulbs with Energy Saving Bulbs.

Encouraging a 'Switch Off Policy' with both Staff and Guests

Turn down dimmer switches where possible

Ensure staff are aware of requirement to turn down/ off radiator thermostats when rooms are not booked out

Close curtains where appropriate

Ensure staff are aware not to over fill kettles

Turn down/ off heating on floors where all rooms are not in use

Ensuring all new appliances are 'A' rated

Ensure that staff know and guests are asked not to leave appliances on standby.

Implement the use of Dryer Balls (reported to save 25% on running time)

Cover pans where possible to reduce energy consumption.

Simmer vegetables rather than rapidly boiling them as they will not cook any quicker but you will use additional energy.

Check the levels of thermal insulation on all cooking appliances to avoid unnecessary heat loss.

Avoid opening oven doors by using the viewing windows to inspect food.

Monitor the heat-up times for equipment and switch it off when it is not required

Read and be aware latest guidance i.e. Envirowise, Carbon Trust , on operation of refrigeration and chiller units etc .

Walk round with employees to help identify where energy is being wasted and help to spot opportunities where potential savings can be made.

- **Promote the use of raw materials in a manner that reduces waste**

Use fabric serviettes not paper ones

Use recycled products wherever possible: Toilet rolls, Tissues etc

Provide Eco Friendly bottles of toiletries in bedrooms

Endeavor to print literature on recycled paper.

- **Avoid producing waste whenever possible, also encourage Re-use and recycling of Waste whenever possible**

Make guests aware of the boxes located in their bedrooms for recycling bottles and newspapers

Ensure staff are trained in appropriate separation of waste for recycling. This will typically include items such as :

Paper

Cardboard

Bottles

Tin cans etc

- **Purchasing environmentally friendly materials when appropriate**

In cleaning

Move away from general chemical cleaning products in favour of use of:

Environmentally friendly cleaning materials, use Micro Fiber Cloths

Evaluate using Eco Balls to replace traditional washing powders and soaps

We are already using eco friendly cleaning products and laundry products that do not contain harmful chemicals or phosphates. The range is called Melaleuca and available in monthly deliveries from Manchester.

- **Raising the awareness of staff and customers so that everyone may be involved**

Ensure that all staff read, understand and put into practice our Environmental Policy

Ensure that there is information relating to our Environmental Policy and environmental objectives in the guest manuals in each bedroom

Ensure that all guests are aware of the Public Transport services to, from and within Windermere and the surrounding area

By linking up with LDNP/ local Tourist Board and having their literature and information prominently placed within each room

Ensuring guests are aware of the unspoiled natural area to be explored on foot around Windermere and the Lake District without needing transport.

Implement a walk-round survey to help identify where energy is being wasted, and focus on key areas in which savings can be made ie: heating, lighting and appliances that are left on when not being used. Thus demonstrating a commitment to reducing carbon emissions, and encouraging staff to follow our example.

- **Operating the Business in an environmentally aware manner**
 1. Wherever and whenever possible **we will:**
Use appliances on short programmes where possible
Good maintenance- mending dripping taps etc

 2. Wherever and whenever possible **we will not:**
Leave taps running
Use the dishwasher half full
Download and print unnecessarily
Leave lights on
Leave doors open unnecessarily

- **Provide locally sourced produce where possible**
Ensure that staff and guests are aware that we locally source wherever possible and provide information of who these sources are.
i.e. Food: provide predominantly Local Meat, Dairy, Bread etc etc and toiletries sourced from local companies.

- **Help Increase Biodiversity in surrounding gardens by implementing the following actions :**
Planting scented flowers
Not cutting hedges whilst in flower
Installing boxes and bird feeders

- **To continually assess and improve our environmental strategies and performance**
Bench mark and compare energy, fuel and water bills
Import best practices
Ensure staff are involved and their input is encouraged and welcomed
Assess strategies and performance at different times of the year and times of day
Ensure staff are included in assessments to actively encourage interest and be proactive in wanting to work to and improve our policies.

- **To remain a member of the Tourism and Conservation Partnership**
raising money and awareness for local projects. Cedar Manor currently supports the Fix the Fells and Save our Squirrels projects.